

# Connecting with the Power of SPIRIT

## ASSIGNMENT TWO – Altar Creation

Set Up your Spirit Altar - This can simply be a small table or surface where you can lay out and decorate the space with objects associated with spirit. We like to anchor the items together by using an altar cloth, such as a big purple scarf, shimmering or sparkling cloth, or fabric decorated in stars or space a theme to place over the surface before laying out the items.

This altar should contain one item for each of the four elements as well as representation for the element of spirit in the center. This is because spirit is the great connector of all the elements. On the east corner of your altar, add an air element; on the south corner, a fire element, on the west corner, water, and on the north, earth.

As spirit is a personal element as well as a cosmic one, it is difficult to dictate what items of spirit would be for others. Use things that relate to you on a spiritual or ancestral level, or that represent Divine Source energy.

### Ideas for Element of Spirit

- Purple stones or sparkling stones
- Drawings of symbols – runes, Reiki, personal symbols of power or enlightenment
- Rose oil or rose scented items or incense (Rose has a very high vibrational frequency.)
- Candle in a spirit colour, such as purple or black
- Statues or pictures of deities or ascended masters (i.e. god, goddess, spiritual teachers)
- Photos or paintings of ancestors, or pictures of places that you feel very connected to in past lives

Use your imagination – these are only ideas to get you started. Feel free to check the cheat sheet, and get creative, using anything that makes you feel connected to spirit.



Light your candle and say:

*Powers of Spirit  
Found in all things  
Timeless Connector, weaver of the web  
Infuse me with your power and wisdom  
Be with me now.*

Spend some time enjoying your magickal place of spirit that you have created. Pull a card from your favourite divination deck and see what message spirit has for you.

Perhaps you would like to take a photo of your special spirit altar to share on our facebook group for others to enjoy.

