

# Connecting with the Power of EARTH

## ASSIGNMENT FIVE – Spell Work

Now that you have experienced the essence of Earth , you can perform a simple earth spell to integrate the power of Earth into your magick. Feel free to repeat the earth meditation before doing this spell to really feel connected to the element before you begin.

Do this ritual in the evening or at night.

Find a potted plant that is green and leafy to place on your Earth altar that you created in the second assignment, if you do not already have one on your altar. Smudge your surroundings to create sacred protected space to work your spell. Sit or stand in front of your altar. Light your dark coloured earth candle to begin. Hold your hands around the top of the plant and feel the energy field around the plant. Close your eyes and as you feel the plant, feel its connection to the rest of the natural world. Feel your own connection to the natural world through the plant. Feel your presence on the earth. When you are ready, open your eyes and recite this verse three times:

Nature within  
Nature without  
Guide my hand  
As I serve you throughout  
By greenest leaf and pungent scent  
By healing and by growing  
By softest green and loving intent  
I now seek earths knowing



Take a moment to give a heartfelt thanks to Mother Earth for her guidance, healing, protection and love. Snuff out your candle. Place your plant in a space that you will encounter often (i.e. kitchen) to reinforce your connection with earth in the coming days, weeks and months ahead.

