

Connecting with the Power of WATER

ASSIGNMENT FIVE – Spell Work

Now that you have connected with the essence of water, you can perform a simple water spell to integrate the power of Water into your magick. Feel free to do the water meditation again (assignment one) before performing this spell.

Water is the connection that we all share, as we are all made mostly of water. In this ritual we will connect with water, by using our mist we created in Assignment three to bless ourselves, and by scrying with water to explore messages of connection with ourselves and the world. This ritual should be performed in the evening, or at least in a dimly lit area.

We will use your previously created Water Altar to work this spell. Ensure you have the following items on your altar, if they were not included when you originally created it:

- Medium sized dark coloured bowl filled with water
- Blue, sea green or simply a white candle
- Spray mist bottle with essential oils

Sit or stand before your Water Altar, and mist your entire energy field and space surrounding you to cleanse and set up sacred space. Light your candle, and then allow your eyes to close and take a few moments to clear your mind and feel your connection to your spirit and the energy of water. Feel the power of water



flowing through you. When you feel connected, open your eyes, and recite the following verse:

I call on water's ebb and flow
By the moon's darkest light
With the psychic help of water
My intuition brings new sight

When you are ready to begin scrying, pick up your bowl of water in both hands, and begin to gaze into the bowl. Allow your eyes to relax and lose focus. Stare into the water, looking for patterns, symbols, words, or pictures. You may also find that thoughts simply appear in your mind as if emerging from water. Spend as much time as you like gazing into the water. Stop when you feel restless.

You may want to write notes about what you saw, felt, or heard during your scrying session. If the information doesn't make sense, don't worry. Messages often come to us from other realms and yet we frequently don't recognize them. Sit with it for a few days, and let your unconscious mind process it for a while. It may make more sense with time. It could also be possible that you received a message for someone else.

Snuff out your candle and thank Water for its help in giving you psychic messages. Afterward, you can pour it into your garden or plants as an offering.

