

This is your Cheat Sheet for AIR

This is for your quick reference so you can easily look up information about air.

Essence of Air	
<p>Essence of Air is all knowing. Inspiration and ideas are known to come from air. The element of air is one of intellect, life, new beginnings, dawn. Whether the dawn of day or a thought ‘dawns’ on you.</p>	
<p>Nature of the Element <i>Movement, Flying, Sound, Awakening, Knowledge, Inspiration, Ideas, Breath, Mental, Mind, Intellect, New Beginnings, Communication (i.e. Words, emails), Creativity, Yang (male/projective)</i></p>	<p>Places <i>Mountain Tops, Wind Swept Plains, Cloudy, Sky, High Towers, Airports, Schools, Libraries, Offices, Travel Agencies, Psychiatrist Offices</i></p>
<p>Senses <i>Hearing and Smell</i></p>	<p>Colour <i>Yellow, Sky Blue, White</i></p>
<p>Rituals Topics <i>Astral & Physical Travel, Instruction, Study, Freedom, Knowledge, Inspiration, Psychic Work, Divination, Recovering Lost Items & Communication</i></p>	<p>Ritual Forms & Manifestations <i>Tossing items up in the air, suspending things in high places, Fanning Objects, Visualization, Positive Thinking, Smudging, Sound, Music (especially wind instruments), Breathing & Breath Work</i></p>
<p>Natural Symbols <i>fragrant (flowers), Pungent Herbs, Leaves, Feathers and Smoke (incense)</i></p>	<p>Animals & Elemental Kingdom <i>Spiders, Winged Insects and Most Birds Sylphs & Winged Fairies</i></p>
<p>Stones (crystals) & Metals <i>Light Stones and Transparent Stones, Tin, Copper</i></p>	<p>Herbs <i>Anise, Aspen, Bergamot, Bodhi, Caraway, Citron, Clover, Dandelion, Fenugreek</i></p>
<p>Season <i>Spring</i></p>	<p>Time <i>Dawn</i></p>
<p>Direction <i>East</i></p>	<p>Natural Manifestation <i>Wind, Sky, Clouds</i></p>
<p>Zodiac Signs <i>Gemini, Libra, Aquarius</i></p>	<p>Tarot <i>Swords</i></p>

