

Connecting with the Power of AIR

ASSIGNMENT FIVE – Spell Work

Now that you have experienced the essence of air within yourself, you can perform a simple air spell to integrate the power of Air into your magick.

Both thought and speech overlap with Inspiration, which help us think new thoughts and use our own power of air to speak magickal words with loving intention. Inspiration and speech help us be more aware of both the sacred and the mundane. Through them, we are put more in touch with the power of Air.

We will use your previously created Air Altar to work this spell. Ensure you have the following item on your altar, if they were not included when you originally created it:

- Incense or Smudging Material
- Yellow or White Candle/Tea Light

Most of this spell involves the spoken word, as it is a combination of breath and ideas.

Sit or stand before your Air Altar, light your candle and incense/smudge material and intend it to clear the sacred space around you. Take a few moments to connect with your breathing. Once you feel connected to air, face EAST and read the following verse out loud:

*When I speak, may my words be clear
When I open my mouth, may only truth come out
May each word I say, be like an arrow straight and true*



*Each word I speak is a song
Each line is a symphony
Each thought is a prayer*

*Give me a clear mind to receive wisdom
And the skill needed to use it once given*

*May both the whispers and hurricanes of Air live freely within myself
I embody inspiration, movement and the power Air has for me*

*I call on Air
I feel Air
I invoke Air
I am one with Air*

*I call on Air
I feel Air
I invoke Air
I am one with Air*

*I call on Air
I feel Air
I invoke Air
I am one with Air*

Blessed Be!

Blow out your candle and thank Air for its presence and guidance.

